



SYDNEYstingers
water polo

New Member Interest Form

To register your interest to join the Sydney Stingers Water polo club, please answer these following short questions: These questions will assist the team captains to understand your experience and fitness levels and gauge your interest for playing water polo or interacting with the club.

What are your personal and contact details? All information is strictly private and confidential.

Full Name:

Please enter your first and last name

Phone Number:

Please enter your phone number so we can contact you.

Address:

Please enter your mailing address in full, don't forget to add your post code!

Email Address:

What is your email address so we can email you!

Date of Birth (DD/MM/YYYY)

Are you interested in taking part in the 4 week Stingers Water polo Boot Camp?

This is a 4 week water polo boot camp for \$40.00.

- Yes - Please contact me with more information!
 No

What are you looking to achieve by joining the Sydney Stingers?

- I would like to be kept up to date with Stingers Social events and entertainment only?
 I would like to take part in the 4 week water polo bootcamp (\$40.00 for 4 weeks of training)?
 I would like to increase my fitness while training in the pool.
 I would like to learn the skills of the game and play in the national league.
 Other:

What previous experience do you have with playing water polo?

- I've never played before.
 I used to play in high school.
 I used to play for another water polo team. Which team?
 I currently play for another water polo team. Which team?
 Other:

How long have you been playing water polo for?

- I've never played before.
 6 months - 1 year
 2-3 years
 3-5 years
 5 years +

How often do you swim?

- Daily.
 Once a week.
 2-3 times a week.
 Once every couple of weeks.
 Once every couple of months.
 I can swim but not very well.
 I can't swim.

How long would it take you to swim 400 meters (8 laps of a big swimming pool)?

- 6 minutes and under - 45 seconds per lap.
 8-10 minutes - 60 seconds per lap.
 10-15 minutes - 90 seconds per lap.
 Other:

Thank you for completing the Sydney Stingers member interest form.

We look forward to seeing you in the pool.

